

# Effective Learning Strategies & Habits

WAMS Library | 7:00pm - 8:30pm | All K-12 Parents Welcome

Join us for a discussion with district curriculum supervisors about discipline-specific learning strategies and developing healthy study habits.

Tara Bowman, District Curriculum Supervisor of Mathematics Tom Misiak, District Curriculum Supervisor of Science & Technology Jennifer Raphaels, District Curriculum Supervisor of Social Studies Kathy Stotler, District Curriculum Supervisor of World Languages Dave Hunscher, District Supervisor of Curriculum Stephanie Orr, Supervisor of Scelal Education 6-12 Drew Krause, Ridge High School Principal Stephanie Smith. District Director of School Counseling Kristin Fox, Assistant Supervisor



Sponsored by the Bernards Township Public Schools Parent Academy Series

# Let's get to know one another

- $\star$  Find someone wearing the same color shirt as you
  - Discuss: Where did you grow up? How did you study when you were a child?
- $\star$  Find someone with a similar hairstyle to you
  - Discuss: Where do your children do their
    homework at night? What distractions may be
    present?
- ★ Find someone you don't know
  - Discuss: What made you come here tonight?

### **Introduction & Norms**

#### Introduction

• <u>Video link</u>

#### Norms for This Evening

- This session is collaborative in nature via a panel discussion
- We are here to create an opportunity for dialogue and partnership between parents/community and staff, not necessarily solutions
- We want to hear from you
- We're discussing learning overall not individual students, teachers, or individual initiatives

# **Panel Discussion**

## **General Guidelines**

- <u>K-12 Homework Guidelines</u>
- Check the homework your child has each night
- Manage time / Plan ahead for larger projects and assessments
- Designate a quiet, consistent location to study and do homework
- Ask questions about what students are learning and why
- Encourage your child to self advocate
- Breathe
- Focus on the positive
- Have them take a break

## Handouts/Resources

- Examples of Notetaking
- What Do I Need to Know for the Test?
- <u>Science Department Goal: Effective Study Habits</u>
- <u>10 Habits of Highly Effective Students</u>
- <u>Discussion Starters</u>