

USATF certified course #NJ09502JHP
USATF-NJ points awarded



North Jersey
**2016
Grand Prix**



- Trophies for top overall male and female finishers; Medals for top 3 finishers, male and female, in 5-year age groups (10 & under, up to 80+)
- Scoring by Tristate Timing
- Bibtag RFID “chip” timing
- Water stations on the course
- Post-race refreshments
- T-shirts (guaranteed for all pre-registered participants, then as supplies last)
- Door prize give-aways for registered participants (must be present to win)
- **Apple watch and Amazon gift card** raffle (need not be present to win)
- Kids’ activities with prizes for all

Schedule

8:30- 9:30 a.m. Check-in/Registration
 9:30 a.m. 1 mile health walk
 10:00 a.m. 5K race
 11:00 a.m. Awards, door prizes

Sunday May 15, 2016
9:30 a.m. 1 mile walk
10:00 a.m. 5K race

Mountain Park
Martinsville Rd. & Mountain Rd.
Basking Ridge, NJ 07920

Bernards PEC is a 501(c)(3) non-profit organization supporting children with learning and developmental disabilities and their families. Race proceeds will be used to fund ongoing Disability Awareness and Sensitivity Workshops for all Bernards Township students in grades 3 and 6; mentor training; parent workshops; teacher wish list purchases for special education classrooms; the Care Trak search and rescue program for children at risk for wandering; and recreational programs for children with special needs.

Register online at www.bernardspec.com or www.tristatetiming.com/events or www.runsignup.com Questions?: bernardspec5k@gmail.com

Last Name _____ First Name _____ Age (on race day) _____ Date of Birth _____
 Address _____ City _____ State _____ Zip _____
 Phone _____ Email _____ Gender (circle one) M F

T-Shirt Size (circle one): **YM S M L XL** (t-shirts guaranteed for all pre-registered participants, then as supplies last) 2016 USATF-NJ# _____

Waiver and Release: In consideration of your accepting this entry, I the undersigned, intending to be legally bound for myself, executors and administrators, waive any and all rights and claims for damages and injury I may have against Bernards PEC and any and all sponsors and their agents, representatives, successors, and assigns and all other persons or entities involved in the promotion and staging of this May 15, 2016 5K run/walk, for any and all injuries suffered by me in said event. I attest and verify that I will participate in this event as a footrace or walker entrant, that I am physically fit and have trained sufficiently for the competition of this event and my physical condition has been verified by a licensed Medical Doctor. Further, I hereby grant full permission to any and all the foregoing to use any photographs, video-tapes, motion pictures, recordings, or any other record of this event for legitimate purpose.

Signature: _____ Parent Signature (if under 18) _____

- \$25 pre-race registration (May 5 postmark deadline; May 14 online reg. deadline)
- \$22 pre-race registration for USATF-NJ Members (May 5 postmark deadline; May 14 online reg. deadline)
- \$30 race day registration
- In addition to, or in lieu of registering to run/walk, I would like to make a donation of \$_____



Checks payable to: “Bernards PEC”
 Send to: Bernards PEC, 5 Lyons Mall, Suite #160, Basking Ridge, NJ 07920