

The Ridge Boys Lacrosse team would like to encourage our communities participation in the 9/11 Heroes Run that is taking place at Pleasant Valley Park on Sunday, September 13th, at 8:30am. A portion of the proceeds raised from this race will be donated in honor of Captain Stanford F. Shaw, who was a 2002 graduate of RHS. Attached please find a link to some additional information on the race, along with registration information. Please note that you can register as an individual or anyone can join as a team member by entering RIDGE LACROSSE 2016.

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HONOR THE FALLEN BY CHALLENGING THE LIVING

Registration is open for the Basking Ridge 9/11 Heroes Run at Pleasant Valley Park. On Sunday, September 13th, the Travis Manion Foundation, in partnership with local race director, Brian Byrne, will host a 9/11 Heroes Run in Basking Ridge. Participants can register at www.911heroesrun.org and select Basking Ridge, NJ or 07920.

Each year, the Travis Manion Foundation, a non-profit organization founded in honor of fallen hero 1st Lt. Travis Manion, USMC, hosts the 9/11 Heroes Run 5K race series to bring communities together to remember the events of September 11th. This year, there will be more than 50 races across the country with one taking place right here in Basking Ridge.

The 9/11 Heroes Runs are one of the only race series that invests proceeds back into the local community. For the Basking Ridge race, the MARSOC foundation was chosen as the Community Benefactor. A portion of the proceeds raised will be donated to the MARSOC foundation in honor of Captain Stanford H. Shaw, III. Captain Shaw was a 2002 graduate of Ridge High School and a 2006 graduate of the United States Naval Academy. Captain Shaw was one of seven Marines killed during a training exercise off the Florida coast on March 10, 2015. Four members of the Louisiana National Guard also died in the crash. All of the Marines on board were members of the Marine Corps Forces Special Operations Command (MARSOC).

The Basking Ridge 9/11 Heroes Run will take place on Sunday, September 13th at Pleasant Valley Park, 3405 Valley Road, in Basking Ridge. Registration will begin at 7:00 am and will close at 8:15 am. Runners must pick up their numbers during Registration on race day. No numbers will be mailed. The race will begin at 8:30 am. The race course is two cross country loops around the park and is a combination of macadam, stone and grass. Medals will be awarded to the top male and female runners in various age groups. Please see www.911heroesrun.org for registration. Early bird pricing ends July 31st. Military, Police, and Firemen discounts available. Donation and Sponsorship opportunities can also be found on the website or email BaskingRidge@911HeroesRun.org.

Thank you for your consideration of honoring our heroes with your participation in the 9/11 Heroes Run in Basking Ridge.