



# WE'RE HERE FOR YOU

## RECOVERY SOLUTIONS: SUPPORT GROUP FOR FAMILIES AFFECTED BY SUBSTANCE USE

Families struggling with substance use need information, understanding and caring support. In partnership with the Y, the Community in Crisis coalition will offer support groups, led by a licensed counselor. The support groups will assist families affected by substance use with information such as treatment options, as well as tools and strategies to help them cope.

- WHEN:** 2nd and 4th Thursday of each month  
Begins July 9
- TIME:** 7:00 – 8:30pm
- WHO:** Open to the Community
- WHERE:** Parlor Room  
Basking Ridge Presbyterian Church,  
1 East Oak Street, Basking Ridge
- COST:** Free



For more information, please contact Andi Williams at 908 630 3526 or email at [awilliams@somersetcountymca.org](mailto:awilliams@somersetcountymca.org).

### SOMERSET HILLS YMCA

A branch of Somerset County YMCA

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