



2016 FLAG FOOTBALL Kindergarten, 1st and 2nd Grades

Philosophy: The RSYI program is part of the USA Football organization that emphasizes “Fair Play” and participation. We strive to educate players about basic football concepts while emphasizing player safety and fun. The program is a great way to bring our community together and enjoy fall evenings and mornings while giving our young athletes an opportunity to learn basic football skills and teamwork.

The players will be grouped into two age groups based on grades entered in Fall 2016:

- (NFC) New Football Conference for Kindergarten and 1st graders
- (AFC) Advanced Football Conference for 2nd graders

The season runs from August 23rd until October 29th

Week 1: August 23,24,25 from 6:15 – 7:45 pm
Introduction to football skills and general evaluation.
Players will be assigned to teams.

Week 2: August 30, 31 & September 1 from 6:15 – 7:30 pm
Players practice with their teams.

Weeks 3-8: Practice September 8 6:30 – 7:30
Regular season begins September 10th!

New Football Conference

- Monday practice
- Wednesday/Saturday games

Advanced Football Conference

- Monday practice
- Thursday/Saturday games

Weeknight practices/games 6:15 – 7:30 pm

Saturday games 8:00 – 9:30 am

One/two times during the season there will be “Friday Night Lights” games played at the RHS football field instead of a Saturday game. (Dates TBD)

Registration: \$193.00 per child and includes football pants, jersey, flags and field use.
All players must also wear a mouth guard, protective cup and cleats (purchased separately.)

To register, please go to www.ridgeyouthsports.com.

For questions, please email Paul Kucerka rysiflag@gmail.com