

# PRESEASON BOYS YOUTH LACROSSE CLINIC



Sponsored by RLI - Ridge Lacrosse, Inc

The Ridge High School Boys lacrosse team is holding preseason clinics for boys Grades 3-8. These fundraising clinics will give players both new to the game and those with experience an opportunity to work on individual skills as well as game situations to prepare them for the upcoming lacrosse season. The clinics will be staffed by the Ridge High School team with guidance from Coach Ken Marsh - Head Varsity Coach Ridge High. The proceeds of these fundraising clinics will go directly to support the Ridge Boys Lacrosse teams.

**Date: Sunday, March 20**

**4:00 – 6:00 PM**

**Ridge Turf**

**\*\*\* Players should begin arriving no earlier than 3:45**

**Cost: \$25 per clinic**

**\*\*Be dressed and ready to start at 4:00 SHARP!**

The basics of passing, catching, ground balls, shooting, defensive positioning and rules of the game will be covered with the NEW players. The EXPERIENCED players will work on skill enhancement such as stick handling, passing, dodging, shooting as well as face offs and defensive checks.

**Registration is limited to a first come first serve basis. The clinics SOLD OUT in the past so get yours in early! Mail registration in to RLI to assure your spot.**

\*\*\*Players will need to come equipped with full lacrosse gear (helmet, gloves, shoulder pads, arm pads, mouthpiece and stick). Additionally, players should wear cleats or turf shoes.

Questions – EMAIL [mfdkapp@gmail.com](mailto:mfdkapp@gmail.com)

**PLEASE PRINT CLEARLY**

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Player Name \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_ Position \_\_\_\_\_ Yrs. Of Exp \_\_\_\_\_

School \_\_\_\_\_ Home Phone \_\_\_\_\_

Email \_\_\_\_\_ Emergency Phone \_\_\_\_\_

**MAKE CHECKS PAYABLE TO: RIDGE LACROSSE, INC.**

**\*\*\*\* ALL FEES ARE NON-REFUNDABLE**

**MAIL TO: RIDGE LAX INC.**

**ATTN: Joan Harris – Treasurer**

**29 Watchung Ave, Basking Ridge, NJ**