Let’s Talk about Sexuality!

Sexuality experts recommend parents and caregivers communicate continually with youth to support their healthy sexual growth! This is especially important for youth with intellectual and developmental disabilities to help foster appreciation for the body (including the sexual organs), increase personal understanding of puberty changes, and navigate relationship boundaries as they get older.

Join this special event for parents & caregivers of youth intellectual and developmental disabilities to learn ways to communicate about sexuality related concepts with special emphasis on helping youth recognize healthy boundaries as well as boundary violations (such abuse).

April 25, 2018
6:30pm – 8:30pm
Oak Street School Auditorium
70 West Oak Street Basking Ridge, NJ 07920

Presented by Melissa Keyes DiGioia
AASECT Certified Sexuality Educator
Co-Founder & Director of Education at Finding Your Individuality

Additional information or inquiries, please contact Melissa:
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Melissa Keyes DiGioia, CSE is a Certified Sexuality Educator by the American Association of Sexuality Educators, Counselors and Therapists (AASECT). She is Co-Founder of Finding Your Individuality (FYI), a private practice created to identify, address, support, advocate and advance the individual rights of all people across the lifespan with special emphasis on abuse prevention and sexual rights of people with disabilities. As Director of Education at FYI, Melissa facilitates professional development workshops and education sessions on varying sexuality and sexual health topics with youth, adults, parents, and professionals in a variety of settings and specializes in program delivery for people with intellectual and developmental disabilities.

Melissa is co-author of *Informed and In Charge*, a Girls Inc. healthy sexuality program designed for youth 12-14 years of age and *All Together Now: Teaching about Contraception*. She is a contributing author to *Our Whole Lives Sexuality Education for Grades 7-9* (2nd Ed.) with *Taking a Special Education Approach*, a guide to increase awareness of ways to adapt the lessons and methodology for audiences with differing abilities. Additionally, she is a contributing author to other publications from The Center for Sex Education such as *Great Mentoring: Positive Conversations with Young People about Sexual Decisions, Positive Images: Teaching about Contraception & Sexual Health* (4th Edition), *Teaching Safer Sex Volumes 1 & 2* (3rd Ed.), *Unequal Partners: Teaching about Power and Consent in Adult-Teen and Other Relationships* (3rd Ed.), and *Older Wiser Sexually Smarter*. Melissa has a graduate certificate in Human Sexuality from Montclair State University and received her BA with concentrations in Psychology and Women’s and Gender Studies from The College of New Jersey.