

Guidance Lesson Home Page

Second Grade

“Making and Keeping Friends!”

Mr. Rauschenberger



This week in your child’s guidance classroom lesson we discussed the importance of maintaining a healthy self-esteem and outlook about ourselves, which in turn, will allow us to maintain and foster healthy friendships! We began the lesson by reviewing what makes each of us unique. We discussed that we are made up of many different “layers.” These layers each make us “One of a Kind.” Mr. Rauschenberger showed the children some puzzle pieces that highlight layers.

Four layers were discussed. These layers are:

- ❑ OUTER LAYER=PHYSICAL TRAITS



- ❑ SOCIAL LAYER=FAMILY AND FRIENDS



- ❑ DOING LAYER=INTERESTS, HOBBIES, TALENTS



- ❑ EMOTIONAL LAYER=THOUGHTS & FEELINGS



For the next part of the lesson, we discussed how we feel about ourselves directly affects our friendships. Children were read the story *The 329th Friend* by Marjorie Sharmat. Throughout the story we discussed the important message Emory Raccoon was teaching us about friendship.

Key friendship ingredients in the story that were discussed included:

- ❑ Self-Esteem
- ❑ Flexibility
- ❑ Loyalty
- ❑ Fairness
- ❑ Understanding

❑ **Judgment**

- ❑ **SELF-ESTEEM**-Children were given a piece of aluminum foil to represent a “mirror” that we should like what we see when we look in a



- ❑ **FLEXIBILITY**-A rubber band was handed out to teach the importance of being flexible in a friendship. We need to learn to compromise and “give a little” in order to “get a little.”



- ❑ **LOYALTY**-Picture of a bottle of glue-Good friends “stick” together



- ❑ **FAIRNESS**-Kids drew a picture of a pair of dice-Playing by the rules of



- ❑ **UNDERSTANDING**-Band-Aid-Good friends can disagree and argue, but there should be rules established about arguing (i.e. no put-downs, allow the other person to speak, talk about how you are



- ❑ **JUDGMENT**-Tape measure or ruler-Children made their own ruler to remind us that we need to use good judgment and choose our friends



To conclude the lesson, children had fun creating their own “Friendship Toolbag!” Common classroom/home items from a real toolbox were introduced to teach about friendship which can act as important reminders! We also had fun playing a matching game on a Velcro board to match up items with friendship qualities! Children were encouraged to share their “Friendship Toolbag” with a family member!

