

Mr. Rauschenberger Introduces: "Counselor's Corner!"



Once a month, I will be submitting articles via "Counselor's Corner" in the Friday Folder. I hope that these articles provide help to all LCS Parents/Guardians and family members. Topics that I write about will come from wonderful resources, some of which include: American Counseling Association, American Psychological Association, WebMD, and many others. I hope you will find these articles helpful! Feel free to reach out if you would like information on any other topics!

The Importance of Household Chores!

Having a family plan for everyday household tasks, and you will teach your kids a great life lesson. Doing chores is a tradition in many families. Chores help kids learn responsibility, and sharing chores gives you help around the house!

The Value of Chores...Parenting expert Jim Fay, co-founder of the Love and Logic website, says we all need to feel needed and to know that we are making a contribution—even children. Chores allow kids to feel like they are contributing.

Some Pitfalls to Avoid When it Comes to Chores

Don't Insist on Perfection...it's better to have a more relaxed approach to how well your kids do their chores. Resist the temptation to jump in and do it for them. This defeats the whole purpose.

Don't Delay...You might think that your child is too young. Kids are more capable than you might think. Kids can do a lot of chores at an early age.

Fun Examples!...feeding a pet, taking out the trash, emptying the trash basket from the bathroom, getting clothes to the laundry, helping to fold the laundry, setting the table, helping to clean the dishes after dinner. If you feel your child might not be ready, they will "learn by doing." There will be some trial and error involved.

Provide Lots of Praise! Praise and encourage while the child is doing the chore. Be specific on what they are doing well. Also, be consistent! It might take time, but will pay off in the long run!

