

# Social & Emotional Resources & Coaching Support



## **Bernards Township Public Schools**

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# Social & Emotional Resources

For Students, Parents, Staff

Mrs. Stephanie Smith



## Staff Resources for Social and Emotional Wellness

- This SEL update is focused **specifically** on social and emotional resources
- Wellness Staff Colleges, Trauma Informed Practices
- SEL Task Force:
  1. Create a virtual opportunity for connection and wellness
    - a. Wellness Activity Choice Board
    - b. Mining the Cave of Self
  2. Establish resource center for strategies
    - a. Staff Wellness Hub
  3. Communicate resources & support structures to students, families, community

## Students & Parents Community Resources for Social and Emotional Wellness

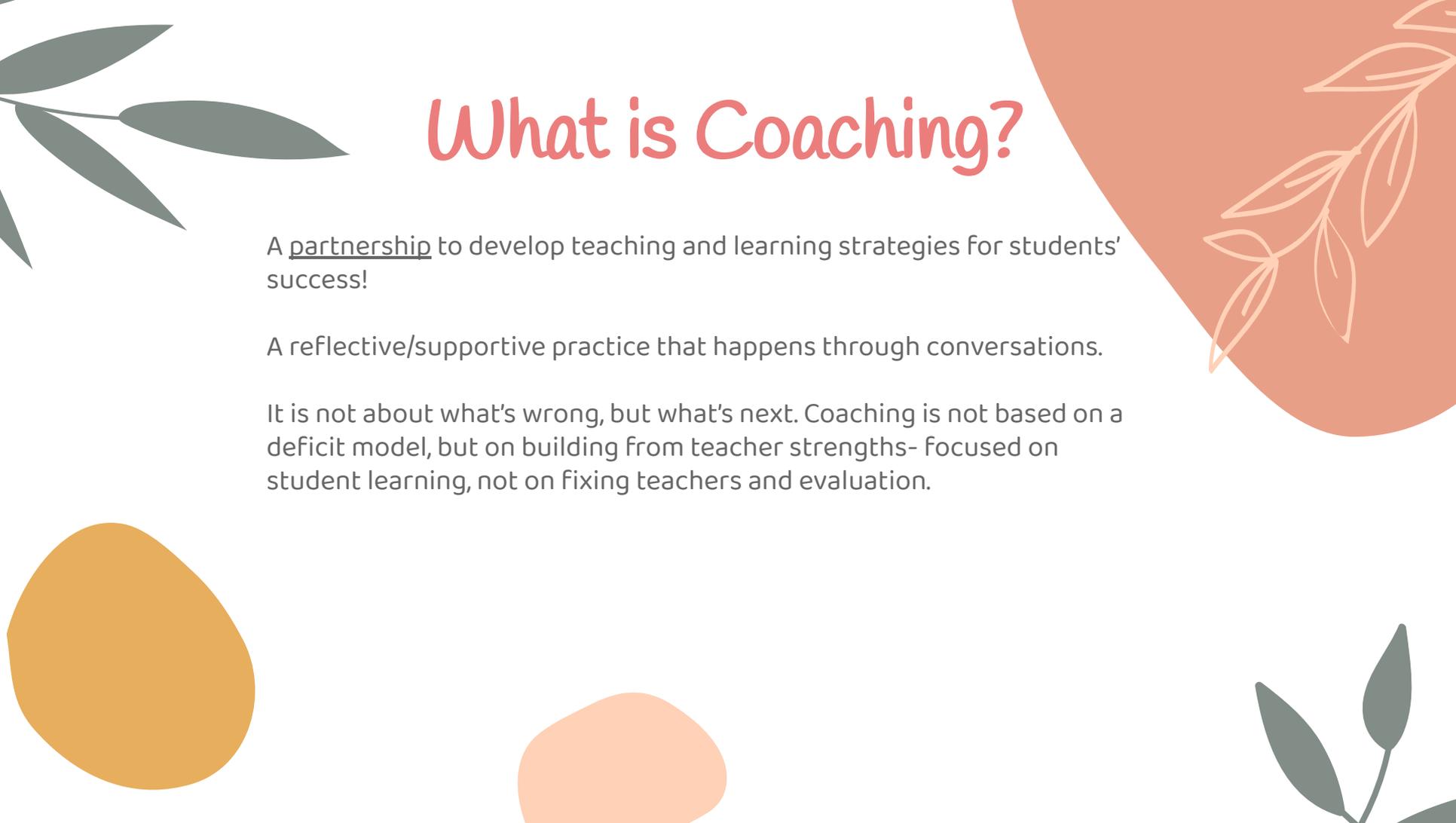
- Robust resource centers for students and families
  - Counseling Distance Learning sites for each grade band
    - [Elementary](#)
    - [Middle](#)
    - [High](#)
- Counseling supports through individual counseling, small group counseling, or classroom lessons by school counselors and SACs
- Coordination of care through community agencies, therapists, referrals
- [Counseling Newsletter](#) with embedded links, articles, activities, videos
- Regular communications from counselors, google [sites](#) and classrooms
- “Preparing Children for a Different School World” [Recording](#)
- Our instructional coaching team also provides enormous support for instruction but also socially and emotionally to our staff



# Bernards Township Instructional Coaching

Sean Siet • Chiara Kupiec • Vicki Daglian





# What is Coaching?

A partnership to develop teaching and learning strategies for students' success!

A reflective/supportive practice that happens through conversations.

It is not about what's wrong, but what's next. Coaching is not based on a deficit model, but on building from teacher strengths- focused on student learning, not on fixing teachers and evaluation.

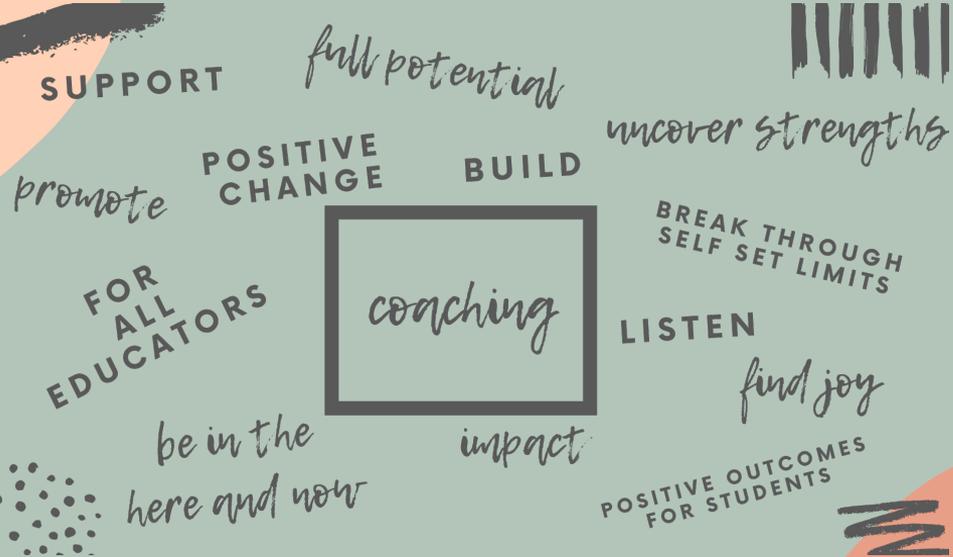
## Who We Are...

We are teachers working with teachers in a collegial environment built upon trust and collaboration. Through meaningful conversation, we act as both an advisor and support system.

## Our Goal...

The goal of the instructional coaches is to guide and support educators in **transforming** their behaviors, beliefs and being to gain the confidence they need to uncover their full potential as the amazing educators they are.

# What do we do?



## We work

directly and indirectly with teachers, staff and the administration

## to

improve the effectiveness of classroom instruction

## and

increase student learning, performance, and overall achievement.

## We create

a partnership with teachers build upon trust and collaboration

# During Distance Learning

March



## Collaborate

on ways to build community and support classroom management

## Research

and provide support and training on district approved distance learning platforms and technology tools

## Develop

and maintain websites for staff, students, and parents to access information

## Work

With administrators to be teacher & student liaisons/advocates when tasked with making decisions regarding the "Return to Instruction"

## Facilitate

and design staff college courses to prepare faculty for the distance learning and hybrid model

Present



# Preparation for Distance Learning Teaching

- Create a space for staff to collaborate and develop strategies to create community in the Distance Learning and Hybrid teaching models.
- Develop strategies to create a “sense of belonging” in order to keep the students engaged and motivated during distance and hybrid learning.

Building  
Community

- Re-thinking ways of assessing that promote skill building around content.
- Explore formative and summative assessment that promote academic integrity in the distance learning and hybrid model.
- Explore ways to provide meaningful feedback.

Assessment

- Mining the Cave of Self: A journey of Empowerment
- Building resilience
- Coping with stressors

SEL

# Seesaw Project

## Summer Preparation

- Researched best practices
- Live teacher training
- Teacher Training Resources
- Student/Parent Manual
- Rostering process/updates

## Start of School

- BTEA Parent Webinar
- Office hours for parents
- Live teacher training
- Support instruction/technology
- Updates for Staff
- Continue Research & Sharing

# Our Roles Before, During and After Distance Learning

School Leader

Facilitator

Learner

Curriculum and  
Instructional  
Specialist

Catalyst for  
Change

Classroom  
Supporter

Resource Provider

Mentor

Data Coach

# Testimonials

The amount of time, effort and talent you have put into making this whole thing a little easier and a little less daunting is so appreciated. It is so reassuring knowing that we have you on our side ready and willing to help at a moment's notice. You have been the light in our Corona darkness!!

One of the activities that we did in Chiara's "Building a Successful Community of Learners" course that I took over the summer sparked my interest and I adapted it directly into my AP class in the first two weeks of school. It was very successful and opened up another avenue of student participation and interest in the subject.

Our BTSD instructional coaches are invaluable. They are all the SEL I need. These ladies go above and beyond to make sure I not only know curriculum, best practices and digital platforms but they are concerned with how I feel: they ask about my family and friends. They actively listen over the phone and through Zoom and follow up on questions about anything I ask. I feel truly blessed to have them as a part of my BTSD family!

Thank you, Vicki, for every single Seesaw item that you created and prepared for us! I don't know if I've ever had a training where someone has given me so many useful resources and has been so conscientious of our time and needs. We are very lucky to have you.

The coronavirus and digital learning forced somewhat of a role reversal when it came to knowing and using technology. I was no longer the teacher and found myself in a very uncomfortable position of being the student and needing to learn how to use the technology that would best serve our students. I'm so thankful for our district tech coaches who went above and beyond to help all of us learn and become comfortable with many different platforms that were all new to us. Vicki and Chiara created "how to" videos, taught PD classes, held office hours to answer any questions that we had, created sample lessons and often sent us tips and tricks that would make our tech world a little easier to navigate. They were patient and helpful and their assistance was and continues to be essential to our success. I am grateful for their support and I feel so much more confident using the technology because of them.