Bernards Township School District

Proudly Presents:

Nurtured Heart: Catch a Child Being Good!

WHEN: October 11, 2017 at 7 pm

WHERE: Bernards PAC Center Ridge High School

Nurtured Heart: Catch a Child Being Good!

An introduction to Howard Glasser’s “Nurtured Heart Approach,” a philosophy and technique that “focuses on energizing success and de-energizing failure.” The Nurtured Heart Approach is aimed at increasing a student’s sense of self-worth by showing them that they are valuable, good, competent, and able to cope with life. The language works to establish a healing environment where change can happen and students feel understood and valued.

This program will highlight The 3 Stands (Refuse to energize negativity, Relentlessly energize success, and Clearly but unenergetically enforce limits) and The 4 Ways to Recognize and Energize Positive Behavior (Active, Experiential, Proactive, and Creative)