

CODIFICATION REFERENCE NUMBER: 2431.2

DATE: April 24, 2008

**TOBACCO, ALCOHOL, DRUG AND STEROID
PROCEDURES FOR ATHLETICS**

RESPONSIBILITY:

The Athletic Director or his designee will implement the procedures for the Tobacco, Alcohol, Drug and Steroid Procedures for Athletics.

PROCEDURES:

The Bernards Township Board of Education recognizes that the use of tobacco and any controlled dangerous substance (alcohol, drugs or steroids) is incongruent with the program of athletics at Ridge High School. The demands of athletics require a student-athlete to maintain a high standard of training, and in doing so must refrain from the use of these substances in order to perform at their highest level in a safe manner. At the same time, it is a goal of the athletic program to provide activity and competition that fosters healthy development of the individual and an appreciation for a life of health and wellness. With this philosophy in mind, all student-athletes must adhere to the following regulations regarding the use of tobacco, alcohol, drugs and steroids. When a student is confirmed to have been involved in the use, possession, or sale of these substances while in-season during any time of their high school career, the actions listed below will be applied. The actions are intended to be consistent for all sports and take into account the number of scheduled contests of the sport. It should be noted that during any suspensions from competitive events, the student-athlete must still attend and participate in team practices and meetings.

ALCOHOL, DRUGS, STEROIDS

FIRST OFFENSE

The student shall receive a two-week suspension from interscholastic competition (not scrimmages) in all sports. The student will be referred to the Substance Abuse Counselor. The student is expected to participate in all practice sessions during the competition suspension period.

SECOND OFFENSE

The student shall receive a four-week suspension from interscholastic competition (not scrimmages) in all sports. The student will be referred to the Substance Abuse Counselor. The student is expected to participate in all practice sessions during the competition suspension period.

THIRD OFFENSE

Suspension from all athletic participation for a period of one year. The student may apply to the school administration for reinstatement after one month, provided they have completed an approved rehabilitative treatment program. Such a program will not be paid for by the school, but rather by the student.

TOBACCO (Smoking or Chewed)

FIRST OFFENSE

The student will be counseled by the coach and the Director of Athletics about the use of tobacco. The student may also be required to participate in an approved smoking cessation program.

SECOND OFFENSE

The student will be given a two-week suspension for interscholastic competition (not scrimmages) in all sports. The student will also participate in an approved smoking cessation program. The student is expected to participate in all practice sessions during the competition suspension period.

THIRD OFFENSE

The student will be given a four-week suspension for interscholastic competition (not scrimmages) in all sports. The student will also participate in an approved smoking cessation program. The student is expected to participate in all practice sessions during the competition suspension period.

FOURTH OFFENSE

The student will be suspended from athletic participation for the remainder of the current athletic season. Reinstatement will only be granted after a meeting of the student and their parents with the coach, Athletic Director, and the Principal or his designee. Further use will carry the same penalty.

OUT-OF-SEASON

A student who is confirmed to be in possession of, using, or under the influence of tobacco or any controlled dangerous substance (Alcohol, Drugs, Steroids) during the out-of-season period shall be referred with his/her parents to the school Substance Abuse Counselor, the coach, the Athletic Director, and school administration for a meeting. The aforementioned penalties may be enforced on a case by case basis.