

# **POLICY**

## **Board of Education Bernards Township**

**File Code: M 5338  
Diabetes Care of Students**

The Board of Education disclaims any and all responsibility for the diagnosis of any illness, including hypoglycemic and hyperglycemic reactions of any pupil with Diabetes. At the same time, the Board recognizes a pupil's health and safety may be contingent upon the timely administration of medication duly prescribed by a physician. Any administration of medications to students in school will be in accordance with Policy No. 5330 and applicable state laws.

The Board recognizes that students with diabetes, in order to manage their disease, must have access to the means to balance food, medications, and physical activity levels while at school and at school related activities. The school nurse is the most appropriate person in the school setting to provide care for a student with diabetes. The school nurse is in a position to coordinate care and educate school staff in the monitoring and treatment of symptoms, develop an individualized health care plan and an individualized emergency health care plan, and consult and coordinate with a student's parents or guardians and health care provider in order to establish a safe, therapeutic environment.

"Individualized health care plan" means a document developed by the school nurse, in consultation with the parent or guardian of a student with diabetes and other appropriate medical professionals who may be providing diabetes care to the student, which is consistent with the recommendations of the student's health care provider and which sets out the health services needed by the student at school and is signed by the parent or guardian and the school nurse. "School" means an elementary or secondary public school located within this state. "School employee" means a person employed by a school district.

"Individualized emergency health care plan" means a document developed by the school nurse, in consultation with the parent or guardian of a student with diabetes and other appropriate medical professionals, which is consistent with the recommendations of the student's health care provider and outlines a set of procedural guidelines that provide specific directions about what to do in a particular emergency situation and is signed by the parent or guardian and the school nurse.

The parent or guardian of a student with diabetes who seeks diabetes care while at school shall inform the school nurse who shall develop an individualized health care plan and an individualized emergency health care plan for the student provided that: (1) the parents or guardians of the student annually provide to the board of education written authorization for the provision of diabetes care as may be outlined in the individualized plans including authorization for the emergency administration of glucagon and, if requested by the student's parents or guardians, authorization for the student's self-management and care of his/her diabetes; and if a request is made by a student's parent or guardian the student's physician or advanced practice nurse provides written certification to the board of education that the student is capable of, and has been instructed in, the management and care of his/her diabetes.

The individualized health care plan and individualized emergency health care plan developed shall be updated by the school nurse prior to the beginning of each school year and as necessary in the event that there is a change in the health status of the student.

# **POLICY**

## **Board of Education Bernards Township**

**File Code: M 5338  
Diabetes Care of Students**

Each individualized health care plan shall include, and each individualized emergency health care plan may include the following information:

- (1) the symptoms of hypoglycemia for that particular student and the recommended treatment;
- (2) the symptoms of hyperglycemia for that particular student and the recommended treatment;
- (3) the frequency of blood glucose testing;
- (4) written orders from the student's physician or advanced practice nurse outlining the dosage and indications for insulin administration and the administration of glucagon, if needed;
- (5) times of meals and snacks and indications for additional snacks for exercise;
- (6) full participation in exercise and sports, and any contraindications to exercise, or accommodations that must be made for that particular student;
- (7) accommodations for school trips, after-school activities, class parties, and other school-related activities;
- (8) education of all school personnel who may come in contact with the student about diabetes, how to recognize and treat hypoglycemia, how to recognize hyperglycemia, and when to call for assistance;
- (9) medical and treatment issues that may affect the educational process of the student with diabetes; and
- (10) how to maintain communications with the student, the student's parent or guardian and health care team, the school nurse, and the educational staff.

The school nurse assigned to a particular school shall coordinate the provision of diabetes care at that school and ensure that appropriate staff are trained in the care of students with diabetes, including staff working with school-sponsored programs outside of the regular school day, as provided in the individualized health care plan and the individualized emergency health care plan.

The school nurse shall have the primary responsibility for the emergency administration of glucagon to a student with diabetes who is experiencing severe hypoglycemia. The school nurse shall designate, additional employees of the school district who volunteer to administer glucagon to a student with diabetes who is experiencing severe hypoglycemia. The designated employees shall only be authorized to administer glucagon, following training by the school nurse or other qualified health care professional, when a school nurse is not physically present at the scene.

The activities of such designated employees shall not constitute the practice of nursing and shall be exempted from all applicable statutory or regulatory provisions that restrict the activities that may be delegated to a person who is not a licensed health care professional.

In the event that a licensed athletic trainer volunteers to administer glucagon to a student with diabetes, it shall not constitute a violation of the "Athletic Training Licensure Act," P.L.1984, c.203 (C.45:9-37.35 et seq.).

Upon the written request of the parent or guardian and as provided in a student's individualized health care plan, a school district shall allow the student to attend to the management and care of the student's diabetes as needed in the classroom, in any area of the school or school grounds, or at any school-related activity if the

# **POLICY**

## **Board of Education Bernards Township**

**File Code: M 5338  
Diabetes Care of Students**

student has been evaluated and determined to be capable of doing so as reflected in the student's individualized health care plan.

A school district shall, for each pupil with diabetes whom a school bus driver transports, provide the driver with a notice of the pupil's condition, how to treat hypoglycemia, who to contact in an emergency, and parent contact information.

Designated areas of the school building shall have posted, in plain view, a reference sheet identifying signs and symptoms of hypoglycemia in students with diabetes.

The school nurse shall obtain a release from the parent or guardian of a diabetic student to authorize the sharing of medical information between the student's physician or advanced practice nurse and other health care providers. The release shall also authorize the school nurse to share medical information with other staff members of the school district as necessary.

No school employee, including a school nurse, a school bus driver, a school bus aide, or any other officer or agent of a board of education, shall be held liable for any good faith act or omission.

N.J.S.A C.18A:40-12.11

**ADOPTED:** January 24, 2011