

September Newsletter
Elementary Guidance Office
Fall 2011

Dear Parents and Students,

It is hard to believe that summer is over! It has been wonderful to see the children back at school, meeting their teachers and settling into the new routines. I hope that this year is one of great success for you and your students in and outside of the classroom.

This month we are conducting our classroom lessons on Friendship in grades first through fourth. Students will be reminded on what it means to be a good friend and appreciating the differences in one another. The fifth grade students will be writing letters to themselves on what they would like to accomplish this year. The letters will then be returned to them at the end of the year before they move on to middle school! Our Kindergarten students will be jumping in to our very first guidance lesson discussing "My Personal Rainbow of Feelings". I am very excited to be working with such a dynamic group of students this year!

Sincerely,

Mrs. Anne Duque

School Counselor

Mount Prospect School

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Some Inspiration to Go...

"Don't walk in front of me, I may not follow, don't walk behind me, I may not lead Just walk beside me, and be my friend."

- **Anonymous**

Thank You's...

Thank you to all of our teachers, students and staff who have made the start of this school year a great one!

Small Group Counseling

For information about small group counseling, please consult the website under "Counseling Information." If you have any questions about small groups, please contact me directly.

Guidance Modules

For all of the handouts on Guidance Modules, please contact the website under "Handouts." All of the handouts are there for you to print out and review.

Some Good Books About Friendships...

Yo! Yes? by Chris Raschka

My Best Friend by P. Mignon Hinds

The Stinky Cheese Man by Jon Scieszka

Best Wishes for a Wonderful Day!