

**A Note From The School Counselor  
Mr. Rauschenberger  
Guidance Support Groups**

Dear LCS Parents/Guardians,

Welcome back to what will be another wonderful year of school! Also, welcome to all of our new students and their families as well as our new Kindergarten families! As the school counselor, I will continue to hold Lunch/Recess groups for children in several areas listed below.

All groups meet for 8-10 sessions during Lunch once a week in my office. (we may occasionally meet during a Recess period to complete longer activities). Group sessions begin in October and then again in February/March. Parents would need to sign-up their child again for February groups.

- ❑ *Fun With Friends (Friendship/Social Skills) (All Grades)*
- ❑ *Banana Splits (Divorce or Loss) (All Grades)*
- ❑ *Boosters (Self-Esteem) (Grades 4 and 5) (Specials Helpers-PE, Art, Music)*
- ❑ *Stress Busters (Stress Management Skills) (Grades 4 and 5)*
- ❑ *Let's Get Organized (Organizational Skills) (Grades 3, 4 and 5)*

I will also be available to meet with children on an individual basis to address specific needs. Please let me know your area of concern on the bottom portion of this letter. This is going to be a great school year!



Sincerely,  
Mr. Rauschenberger  
School Counselor  
908-204-2550, ext. 108  
[Rauschenberger@bernardsboe.com](mailto:Rauschenberger@bernardsboe.com)

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Please complete this form, sign and date it and return to Mr. Rauschenberger's mailbox in the main office. You may also e-mail me back this form as well.

I wish to have my child participate in: (See Groups Listed Above)

Name of Group: \_\_\_\_\_

Teacher's Name: \_\_\_\_\_ Grade \_\_\_\_\_

Area/s of Concern: \_\_\_\_\_

\_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_ Phone Number \_\_\_\_\_