

Winter Sports – Medical Paperwork

All medical paperwork for a winter sport is due to the Athletics Office by November 1, 2011. Paperwork is available on-line at the Ridge High School Athletics webpage or in the Athletic Office. Physicals must be performed by November 15, 2010 or after for swimming and ice hockey. All other sports physicals must be performed by November 28, 2010 or after. Paperwork submitted after the deadline will not be guaranteed clearance by the school doctor by the first day of tryouts/practice. Any questions, please call the Athletics Office.