

*October Newsletter  
Elementary Guidance Office  
Fall 2011*

**Dear Parents and Students,**

During the month of October we have been focusing on our Week of Respect and Violence and Vandalism Awareness week. In addition to the students participating in various activities throughout the school, I have been conducting classroom lessons on Bully Awareness in grades kindergarten through fifth. Students have been reminded of the definition of bullying as well as discussing different strategies on how to deal with bullying, either as the bystander or the victim. All of the Home Pages for these lessons are available on my website.

**Sincerely,  
Mrs. Anne Duque**

School Counselor  
Mount Prospect School  
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**Some Inspiration to Go...**

*“Respect is a two way street. If you want to get it, you’ve got to give it”  
-Anonymous*

**Lunch Groups**

Lunch groups will start the week of October 31<sup>st</sup> for all grades, and run until the week of December 12<sup>th</sup>.  
If you have any questions about lunch groups, please contact me directly.

**Guidance Modules**

For all of the handouts on Guidance Modules, please consult the website under “Handouts.” All of the handouts are there for you to print out and review.

**Guidance Bulletin Board**

The guidance bulletin board is located in the cafeteria where each month the students have the opportunity to respond to a question. The question for the month of October is:

*“How have you shown respect to/for someone else?”*

**Some Good Books About Bullying...**

*King of the Playground* by Phyllis Reynolds Naylor  
*The Recess Queen* by Alexis O’Neill  
*Being Bullied* by Kate Petty and Charlotte Firmin  
*Chester Raccoon and the Big Bad Bully* by Audrey Penn

**Best Wishes for a Wonderful Day!**