

Bernards Township Public Schools

William Annin Middle School

70 Quincy Road Basking Ridge, New Jersey 07920

Nurse's Notes

Reminder:

The Great American Smoke Out was November 17, 2011. The American Cancer Society has been holding this important anti-smoking awareness day for the past 36 years in attempt to encourage people to stop smoking . The ACS states that "Lung cancer (both small cell and non-small cell) is the second most common cancer in both men and women (after prostate cancer) and women (after breast cancer). It accounts for about 15% of all new cancers." "More people die of lung cancer than of colon, breast, and prostate cancer combined."

For information regarding the Great American Smoke Out and resources on how to stop smoking, please see the American Cancer Society's web page @American Cancer Society.org

Please encourage your children to "BE SMART, DON'T START" SMOKING.

Until Next Time,

Keep Happy and Healthy,

Debbie Karuppan RN,C