

*November Newsletter
Elementary Guidance Office
Fall 2011*

Dear Parents and Students,

I hope everyone is enjoying the cooler weather and watching the leaves change colors! The month of November is a good time to reflect on what we are thankful for and spending more time with our families. This month we are continuing our theme of gratitude and I am discussing with the students the various ways they can show gratitude for one other. We have some very thoughtful and caring students here at Mount Prospect!

Sincerely,
Mrs. Anne Duque
School Counselor
Mount Prospect School
908-470-1600, ext. 114
E-Mail: aduque@bernardsboe.com

Some Inspiration to Go...
"Gratitude is the best attitude."
-Anonymous

Lunch Groups

Lunch groups have started and will run until the week of December 12th. If you have any questions about lunch groups, please contact me directly.

Guidance Modules

For all of the handouts on Guidance Modules, please consult the website under "Handouts." All of the handouts are there for you to print out and review.

Guidance Bulletin Board

The guidance bulletin board is located in the cafeteria where each month the students have the opportunity to respond to a question. The question for the month of November is:
"What are you thankful for?"

Some Good Books About Gratitude...

Thanks for Thanksgiving by Julie Markes
I'm Thankful Each Day by P.K. Halinan
Just So Thankful (Little Critter Series) by Mercer Mayer
The Secret of Saying Thanks by Douglas Wood

Character Education Trait of the Month
Citizenship

Best Wishes for a Wonderful Day!