

Ridge High School

268 SOUTH FINLEY AVENUE
BASKING RIDGE, NEW JERSEY 07920
908-204-2585; FAX:908-204-2582

FRANCIS T. HOWLETT, JR.
Principal

KATHLEEN DUSEBOUT
Assistant Principal
DR. GINA DONLEVIE
Assistant Principal
SCOTT THOMPSON
Assistant Principal
THOMAS THORP
Assistant Principal

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Dear Parent or Guardian,

This letter serves to clear up some misunderstandings and misconceptions regarding the Option II Physical Education Program – Extracurricular procedures.

In order to properly place students into a study hall, we ask that they complete a **Ridge High School Option II Interscholastic Participation Form** and return it to the main office prior to **January 20th, 2012**. Any student who plans on trying out for a spring sports team must submit a form regardless if they submitted one for another season. Once the teams are selected, team rosters will be cross-checked against the Option II data base for accuracy. Undecided students should speak with Mr. Howlett or Dr. Donlevie for advice.

On March 2nd, 2012, tryouts for spring sports will begin. Students who plan to participate in a spring sport will be placed in a study hall beginning February 1st, the first day of the third marking period providing that a form is submitted. These students will remain in study hall through the end of the school year should they complete the season. Subtracting the mid-winter break, this leaves approximately three weeks between the time that a student is placed in study hall and the date when they would actually begin participation. However, the amount of time participating in the sport will more than meet the 150 minute/week requirement for physical education. As always, a student must participate in health and is not eligible for Option II during the marking period that they have health.

Students who wish to opt out of the Option II program may do so by having their parent call their guidance counselor.

For convenience I have attached the form and a copy of the guidelines.

Sincerely,

Francis T. Howlett Jr.