

OPTION II PHYSICAL EDUCATION INTERSCHOLASTIC SPORTS PARTICIPATION PROCEDURES

The following guidelines describe the procedures for Option II PE for students involved in an NJSIAA sanctioned sport, Marching Band or Dance Team.

1. For scheduling purposes, a **Ridge High School Option II Interscholastic Participation Form** must be completed by each student-athlete for each athletic season.
2. For **Fall Sports/Marching Band, Dance Team (MP1 and MP2)** - Forms will be distributed to student-athletes by the coach during the first few days of practice. To ensure a study hall assignment for the first day of school, the form must be returned to the coach, or Principal's Office, by August 31. Forms will also be available online. Team rosters will be secured from the head coach for all levels and Option II study halls will be adjusted accordingly during the first week of school. Students will report to PE class until notified of their study hall assignment. Freshman (Project adventure) and sophomores (Health/Driver's Education) are not eligible for marking period 1 but must complete the form to be placed in a study hall marking period 2.
3. For **Winter Sports (MP2 and MP3)** – Students intending to participate in a winter sport will complete a form by a given date (TBA) that is prior to the beginning of the second marking period, and turn it in to the Principal's Office. Eligible students will be placed in study hall for MP2. There is about a two week difference between the beginning of MP 2 and the start of winter sports practices; therefore, should a student athlete not make a team they should return to PE immediately. Seniors are not eligible for MP2 (Health) but need to complete a form to be assigned a study hall for MP3. Failure to complete a form will result in a delay in placement in a study hall until team rosters are secured from coaches. There will be no penalty for students who do not make a team.
4. For **Spring Sports (MP3 and MP4)** – Students intending to participate in a spring sport will complete a form by a given date (TBD) prior to the beginning of the third marking period and submit it into the principal's office. Eligible students will be placed in a study hall for MP3. There is approximately a one month difference (excluding mid-winter break) between the beginning of MP3 and the start of spring sports practices. Freshman are not eligible MP3 (Health) and juniors are not eligible MP4 (Health), but both must complete a form. Failure to complete a form will result in a delay in placement in a study hall until team rosters are secured from coaches after a month. There will be no penalty for students who do not make a team.
5. Students who wish to apply for Option II PE via Off-site PE can find this separate procedure by going to <http://www.bernardsboe.com/guidance> and scrolling down to the bottom of page where the form is located along with directions for Option II Replacement Physical Education (Off-site). This form should be returned to the child's guidance counselor along with the other requested documents.

Please Note: Students who do not make a team, or who chose to terminate their participation in the sport/activity, for any reason other than a medical exemption that is documented by a physician, should immediately return to their assigned Physical Education class.