

Annin Vikings Track and Field Clinic

WAMS-AO is offering an opportunity to all 6th grade students to participate in the new WAMS Track and Field Clinic. The track and field season runs from mid March thru late May. The clinic will meet two times per week for practices. There are no meets. The goal of the clinic is to introduce student athletes to the disciplines of a track and field program, develop good running habits and skills.

Schedule: The clinic will meet on Wednesdays and Fridays from 2:30PM TO 4:15PM at WAMS in the school's oval.

Eligibility: Any 6th grade WAMS student may participate after submitting the required documents and receiving clearance. Only 20 students will be rostered for the clinic. There are no tryouts. Registration is on a first come, first serve basis.

Although we do not anticipate openings, students registering for the clinic will be given preference to join the track and field team if there are openings on the team after the registration deadline.

Coach: Kevin Karch kkarch@bernardsboe.com

Cost: WAMS-AO is a pay to participate athletic organization. Costs are related to the team's budget including uniforms, coach salary, official fees and league fees. Approximate cost this year is \$ 125. Financial options/assistance is available for those that qualify. Please contact Rita Zarabara, Athletic Coordinator at wamsao@bernardsboe.com or 204-2610 ext. 310 for information. Applications will be confidential and can be found at www.williamanninpto.com. There will be no refunding of any participation fees if you get a roster spot..

Questions? Contact Rita Zarabara, Athletic Coordinator at wamsao@bernardsboe.com

Registration: To register for the team please submit the following starting Jan. 16 and before February 10th. Forms can be found at www.williamanninpto.com under WAMS-AO Forms. All registration materials must be sealed in an envelope marked "WAMS-AO" and deposited in the WAMS-AO mailbox in either the school's office or cafeteria.

1. Player Profile Form
2. Athletic Pre-Participation Physical Form (Part A&B) (*Make sure vision exam results are complete*)
3. Health History Update (If you already have a current Physical Form on file with WAMS-AO and it will not expire before the first tryout date, you may simply submit this form instead)
4. **Payment of \$125 payable to "WAMS-AO".** This is NON-REFUNDABLE if you get a roster spot.

WAMS-AO Team Sportswear is now available for individual and team online ordering. Go to the WAMS-AO page on www.williamanninpto.com . Follow the link. Or Click on Apparel at www.highschoolsports.net Enter the promo code **BT445** on all orders for a WAMS-AO discount!

Please note: NJ State requires that any student intending to participate in an extracurricular activity have submitted a standard athletic physical form completed by the parent and examining physician. The exam had to have taken place within 365 days of the first practice/tryout. A school-hired physician will then review the form. Faxed or photocopied forms are NOT acceptable. The examining physician must sign the form with an original signature—**no stamped signatures will be accepted. Forms will be returned for incompleteness. Make sure vision exam results are complete.**