

# Annin Vikings Girls Lacrosse

WAMS-AO is offering an opportunity to all 7<sup>th</sup> and 8<sup>th</sup> grade girls to be evaluated for a roster position on the WAMS Girls Lacrosse Team. The lacrosse season runs from March thru early June. The team will meet three times per week for a combination of practices and games.

**Schedule:** Weekly schedules vary. Practice and Game schedules can be found at:

[www.highschoolsports.net](http://www.highschoolsports.net). Games are played at 4pm. Home games/practices are at Mountain Park.

**Tryouts:** Any 7<sup>th</sup> and 8<sup>th</sup> grade WAMS student may tryout after submitting the required documents and receiving clearance. Evaluators will observe the tryout participants and score them based on a pre-established rubric. Approximately 20 players will be selected for the team. No parents are permitted to observe tryouts. Students are not permitted to wear clothing identifying them or any travel/club/team name.

**Tryout dates/times:** Tryouts will be at WAMS, RHS and Healthquest Dome in Flemington. Specific dates and times will be posted at [www.williamanninpto.com](http://www.williamanninpto.com) under TRYOUT INFO by **February 1st.**

**Coach:** TBA

**Cost:** WAMS-AO is a pay to play athletic organization. Costs are related to the team's budget including uniforms, coach salary, official fees and league fees. Approximate cost this year is \$ 200. Financial options/assistance is available for those that qualify. Please contact Rita Zarabara, Athletic Coordinator at [wamsao@bernardsboe.com](mailto:wamsao@bernardsboe.com) or 204-2610 ext. 310 for information. Applications will be confidential and can be found at [www.williamanninpto.com](http://www.williamanninpto.com). There will be no refunding of any participation fees.

**Questions?** Contact Rita Zarabara, Athletic Coordinator at [wamsao@bernardsboe.com](mailto:wamsao@bernardsboe.com)

**Registration:** To register for tryouts please submit the following starting Jan 16 and before February 3rd. Forms can be found at [www.williamanninpto.com](http://www.williamanninpto.com) under WAMS-AO Forms. All registration materials must be sealed in an envelope marked "WAMS-AO" and deposited in the WAMS-AO mailbox in either the school's office or cafeteria. Students that submit forms after Feb 3 cannot be guaranteed clearance to tryout.

1. Player Profile Form
2. Athletic Pre-Participation Physical Form (Part A&B) (*Make sure vision exam results are complete*)
3. Health History Update (If you already have a current Physical Form on file with WAMS-AO and it will not expire before the first tryout date, you may simply submit this form instead)
4. **Tryout Fee of \$20.** Make checks payable to "WAMS-AO" Fee covers the cost of facility rental at Healthquest.

**WAMS-AO Team Sportswear** is now available for individual and team online ordering. Go to the WAMS-AO page on [www.williamanninpto.com](http://www.williamanninpto.com). Follow the link. Or click on Apparel Store at [www.highschoolsports.net](http://www.highschoolsports.net) Enter the promo code **BT445** on all orders for a WAMS-AO discount!

**Please note:** NJ State requires that any student intending to participate in an extracurricular activity have submitted a standard athletic physical form completed by the parent and examining physician. The exam had to have taken place within 365 days of the first practice/tryout. A school-hired physician will then review the form. Faxed or photocopied forms are NOT acceptable. The examining physician must sign the form with an original signature—**no stamped signatures will be accepted. Forms will be returned for incompleteness.**