

Annin Vikings Boys Lacrosse

WAMS-AO is offering an opportunity to all 7th and 8th grade boys to be evaluated for a roster position on the WAMS Boys Lacrosse Team. The lacrosse season runs from March thru early June. The team will meet three times per week for a combination of practices and games.

Schedule: Weekly schedules vary. Practice and Game schedules can be found at:

www.highschoolsports.net. Games are played at 4pm. Home games/practices are at Mountain Park.

Tryouts: Any 7th and 8th grade WAMS student may tryout after submitting the required documents and receiving clearance. Evaluators will observe the tryout participants and score them based on a pre-established rubric. Approximately 20 players will be selected for the team. No parents are permitted to observe tryouts. Students are not permitted to wear clothing identifying them or any travel/club/team name. No helmets with club names are permitted. If necessary, club names on helmets must be covered.

Tryout dates/times: Tryouts will be at WAMS, RHS and Healthquest Dome in Flemington. Specific dates and times will be posted at www.williamanninto.com under TRYOUT INFO by **February 1st**.

Coach: Patrick Vreeland pvreeland@bernardsboe.com

Cost: WAMS-AO is a pay to play athletic organization. Costs are related to the team's budget including uniforms, coach salary, official fees and league fees. Approximate cost this year is \$ 200. Financial options/assistance is available for those that qualify. Please contact Rita Zarabara, Athletic Coordinator at wamsao@bernardsboe.com or 204-2610 ext. 310 for information. Applications will be confidential and can be found at www.williamanninto.com. There will be no refunding of any participation fees.

Questions? Contact Rita Zarabara, Athletic Coordinator at wamsao@bernardsboe.com

Registration: To register for tryouts please submit the following starting Jan. 16 and before February 3rd. Forms can be found at www.williamanninto.com under WAMS-AO Forms. All registration materials must be sealed in an envelope marked "WAMS-AO" and deposited in the WAMS-AO mailbox in either the school's office or cafeteria. Students that submit forms after Feb 3 cannot be guaranteed clearance to tryout.

1. Player Profile Form
2. Athletic Pre-Participation Physical Form (Part A&B) *Please make sure vision exam results are complete.*
3. Health History Update (If you already have a current Physical Form on file with WAMS-AO and it will not expire before the first tryout date, you may simply submit this form instead)
4. **Tryout Fee of \$ 20.** Make checks payable to "WAMS-AO". Fee covers the cost of facility rental for tryouts.

WAMS-AO Team Sportswear is now available for individual and team online ordering. Go to the WAMS-AO page on www.williamanninto.com . Follow the link. Or click on Apparel Store at www.highschoolsports.net Enter the promo code **BT445** on all orders for a WAMS-AO discount!

Please note: NJ State requires that any student intending to participate in an extracurricular activity have submitted a standard athletic physical form completed by the parent and examining physician. The exam had to have taken place within 365 days of the first practice/tryout. A school-hired physician will then review the form. Faxed or photocopied forms are NOT acceptable. The examining physician must sign the form with an original signature—**no stamped signatures will be accepted. Forms will be returned for incompleteness.**