

**A Note From The School Counselor
Mr. Rauschenberger
Guidance Support Groups**



Dear LCS Parent/Guardian,

I just completed Fall Guidance support groups and will begin new groups in mid-March. I will continue to hold Lunch/Recess groups for children in several areas listed below.

All groups meet for 10 sessions during Lunch once a week in my office. (we may occasionally meet during a Recess period to complete longer activities).

Listed below are Spring 2012 group offerings:

- Fun With Friends (Friendship/Social Skills) (All Grades)*
- Banana Splits (Divorce or Loss) (All Grades)*
- Boosters (Self-Esteem) (Grades 4 and 5) (Specials Helpers-PE, Art, Music)*
- Stress Busters (Stress Management Skills) (Grades 4 and 5)*
- Let's Get Organized (Organizational Skills) (Grades 3, 4 and 5)*

Groups are open to any interested student! Feel free to contact me with any questions or if you would like more specific information about a group.

Sincerely,

Mr. Rauschenberger
School Counselor
908-204-2550, ext. 108
Rauschenberger@bernardsboe.com

Please complete this form, sign and date it and return to Mr. Rauschenberger. Forms may be e-mailed back to me or printed out and returned to my mailbox. *I wish to have my child participate in: (See Groups Listed Above)*

Child's Name _____
Name of Group: _____
Teacher's Name: _____ Grade _____
Area/s of Concern: _____

Parent/Guardian Signature _____
Date _____ Phone Number _____